

JOSÉ LUIS PARISE (55)

"This is the worst humanity has ever been"

The author of *The Occult History of Christ* reflects on the current state of the world, Trump's victory and the Argentine government.



ISMAEL CALA's* best interviews

The Argentine José Luis Parise doesn't leave anyone unmoved. A psychoanalyst, researcher and international conference speaker, Parise's published works include *Chancing: The Eleven Steps of Magic*, *Lluvia Seca* ("Dry Rain"), *...Y Soles Lloverán* ("...And suns will pour"), *El Otro Camino* ("The Other Path") and *La Historia Oculta de Cristo* ("The Occult History of Christ"), a copy of which he personally handed to Pope Francis at the Vatican.

Parise has travelled all over the world. His "The 11 Steps of Magic" workshop, in which he explains his particular method for using words to create reality and improve our existence, has taken him all around the world, from Buenos Aires to Barcelona, from Miami to Chile, from Mexico to Colombia and many countries in between.



JOINT CONFERENCE. On the 31st of January, 2017, Ismael Cala and José Luis Parise are giving an international joint conference on line.



ISMAEL CALA: José Luis, what is magic?

José Luis Parise: I've made over 150 journeys to the indigenous cultures, and each time I have been welcomed by their holy people, who have a clear message on four very specific points. Firstly, 12,000 years of teaching have been dedicated to this moment, the moment where you, I and others have chosen to become incarnate. This is a key moment in the history of humanity.

Secondly, humanity is not conscious of why we have chosen to become incarnate at this precise time. Thirdly, we have to recover our consciousness of our divinity as humans. Man separate from God is a product of the old era. Fourthly, the path to connection with our divinity has already been revealed. In indigenous cultures, they call it "magic". In the west, it is "heroism".

CALA: Heroism?

Parise: Exactly. 'Hero' means more than man but less than God. The path of magic connects man with God, and it has 11 steps. On December 22 2012, humanity entered the era that those 12,000

years of teaching had been preparing us for, but humanity is still in suspense.

CALA: Why is that?

Parise: Because they have separated us from our divinity. People still don't understand it. They don't know if the new era has arrived or if it hasn't, or if it was a miscalculation. Everything is clear and coded, and everything that is happening is what the prophecies said had to happen.

Humans cannot continue depending on things being put in order by an outside force. Heroes are defined as the ones who want to be free. We cannot depend on anybody. They've taught us, and almost tamed us, to believe that external forces will solve all our problems, that the economy and politics are going to change, that science or religion will resolve our issues. That's not my opinion, that's written in official UNESCO reports.

This is the worst humanity has ever been. It's sicker than ever, it's at greater risk than ever of disappearing, rivers are dirtier than ever and



A TRAVELLING FAMILY.
José Luis on a trip to Machu Picchu alongside his wife, Marcela, and their two sons, Thomy and Luzyo.

there is space junk. Are we going to keep assuming and hoping that things are going to be fixed from the outside? The good news, in the literal 'gospel' sense, is that humankind can create, starting now, the reality that it wants.

CALA: What is the concept of expanded consciousness?



MEETING POPE FRANCIS. Parise took his book *La Historia Oculta de Cristo* to the Pope. He says meeting Francis was a very difficult process.

Parise: It's the most important part of this change of era, because that change can't happen without expanded consciousness. That's why the indigenous cultures teach that expansion. It's about progressively expanding our consciousness - we only use around 10% - to its full, continuously growing capacity. There are 10 steps on the path to 100%... plus another one, the most important of all - the step that shows us our reduced consciousness.

CALA: What are the steps?

Parise: They are part of a truly internal and external journey, and at each one we become conscious of: 1) The chaos of our mind; 2) The power of what we use to regulate and bring order to our mind - words; 3) How the world of forms limits us, from the way that we do things to the way that we feel; 4) The outside world as a system of signals that indicate what is happening on the inside; 5) The four possible states of our mind, according to what those signals reveal; 6) The logic to harness our energy; 7) The explosion of our mind and our energy, as we are putting the

previous steps in order, using powers that previously had remained hidden; 8) The secrets to use external forces so that they work in our favour; 9) The secrets to use our most powerful force - sexuality; 10) When all of this is in place, we manage to do what seemed impossible when we began the journey. Then we face our biggest challenge - learning to inhabit what we have created.

CALA: Do the teachings say anything about the current state of the world? How can we, for example, interpret the victory of Donald Trump?

Parise: They do, absolutely. That's their accuracy for you. Without understanding the current state of the world, we can't understand why we need a change of era, as the world that we consider to be 'current' is just a magnified repetition of everything that humanity has not yet resolved. To see that, you just have to read the day's newspaper and compare it with any thousand-year-old scripture. We face exactly the same problems that humans have always faced. We still don't understand the meaning of our lives, why we are here, where we came from, where we are going, what to do to have the life that we want, what the point is of enduring what we tolerate endure. All of that, in the context of parents and children who keep fighting generation after generation, and marriages which you can see are failing when you look beneath the surface, and with people depending on whoever is in power at a given moment and is clinging to power despite how completely ineffective they show themselves to be.

Of course, we are part of eternally-repetitive humanity. It was easy to predict that, in the current circumstances where, again, the "momentum" is with a pattern that looks for "solutions" in the form of separatism, division and even xenophobia, humanity would choose the person primarily representing that pattern - Trump.

The pendulum will swing towards the opposite end of the pattern, and liberalism and policies supporting integration will be seen as the 'solution'. And at any given time, people are just repeating the stages of the same eternal cycle, and there will not be any consciousness of it. That's why expanding our consciousness is the key to a genuine and true change of era.

CALA: What is happening in Argentina?

Parise: As it can't be any other way, exactly the same. Just as the ancient codes reveal: all it took was the current government winning the elections for many people to come out immediately and say that what the former was proposing was a repetition of old patterns! Just like what happened with the previous government, which was accused of being 'seventies-ist' as soon as people saw what it was proposing. In other words, you just have to hear the message that everybody's saying. But nobody's listening.

Every government's 'new policies' is simply a repetition of a repetition. And that is the condition of human consciousness that does not expand itself: it simply searches for old patterns and repeats them. It's like when a footballer is about to take a penalty: he has all the freedom in the universe to choose what to do, but all the goalkeeper trying to prevent him from scoring has to do is study his statistics to know which direction he's going to shoot. The overwhelming probability is that he'll repeat what he always does.

CALA: Is there a solution? What's your solution?

Parise: Of course! The one given to us by the initiates and the indigenous cultures: changing the paradigm. That's changing step 1, and then everything will change from there. It's what Buddha and Christ did, and I have spent decades of my life studying it.

My research was so conclusive that I took it to the Vatican. I respectfully asked the current Pope to refute my findings if he could. He promised to do

so personally. That was in 2013. Just as you could have predicted by reading humanity's patterns of repetition, three years later there has still been no response at all.

CALA: How did you get to the Pope?



Parise: It's very difficult. More than 40 years ago, I gave several seminars about "The Occult History of Christ" in Argentina, and four years ago I had the honour of giving it in one plenary seminar in Barcelona where it was recorded on DVD. I started with a hypothesis. I'm a psychoanalyst. To put it in a respectful, yet conclusive way, I asked Christ to lean back on my couch.

For over 14 years I read all of humanity's sacred texts, starting with the canonical and apocryphal texts on the history of Christ, with one hypothesis in mind: it's no good to me, a human, to follow a superhuman model. If you, Christ, were born with divine powers to a virgin mother, and died and were resurrected, you are no model for me to follow as a human. My hypothesis was: you were born just like any of us, but you found the path that allowed you to become conscious of your divinity and connect with it. Tell me your secret. How did you come to create something so great that we don't know if we're talking about a human, a deified man or the incarnation of God, as they had us believe?

Then I studied the Buddha and the other great initiates, and I discovered that they all follow the

same path. A path with eleven steps, which are always the same. Then I understood that if I applied those steps, as a human, I should see the same magic in my life as theirs, which indeed was beginning to happen.

I put everything in place and I methodised everything: I learned what the steps are, which are shared by initiation cultures, and I apply them to my entire life. By applying the steps, I also managed, within one month, to meet the Pope.

***BEST-SELLING AUTHOR, international conference speaker and journalist. @Cala.**

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